

YOUR DANCE - YOUR POWER - YOUR WAY



This group is for anyone who wishes to explore their love of dancing in more depth with the support of a dedicated group. The intention of this group is to provide a safe container for explorations into the movement as medicine, giving us a chance to discover more of our individual dances in conversation with the dance we share between us. In a closed group we are able to build the trust that enables more freedom of expression and adventuring together. Over the term we can take a journey with each other and really call on the support of the practices of Movement Medicine that invite us into more of who we truly are.

Fabulous music guaranteed - focused & sensitive facilitation to enable maximum immersion

Movement Medicine is a refined integration of Psycho-therapeutic dance, Shamanism -Neuroscience

5 x classes
Every 2 weeks
Tuesday night
7 - 9 pm

EARLY BIRD - £55 until 1st Sept
Then increases to £75
Deadline for booking is 21st Sept
to allow time for planning and to
inform the venue

14th - 28th Oct
11th - 25th Nov
9th Dec

MORETON VILLAGE HALL
For more info or to make your booking
Contact Melanie on 0771-5952896
becomebalanced@yahoo.com
www.bowentherapyindevon.com